Understanding Hanukah

By Rabbi Benjamin Hassan

As I pen this article my thoughts are on Hanukah and all the history around it. We often associate Hanukah as a fun holiday of lighting candles, eating hamantaschen and gift giving. But it is a lot deeper than that. The Hanukah story is often portrayed as a struggle for national liberation — the Jewish revolt against the Greek occupation of Israel. In reality it is much complicated than that. The real conflict was not physical but intellectual. Hanukah was ultimately an ideological-spiritual war between paganism and Judaism. It was also not a struggle purely between Greeks and Jews. It was first and foremost a civil war of Jew against Jew. The initial impetus for the Greek attack against Judaism came from a certain splinter group of the Jewish people — the Hellenized Jews.

These were Jews who were sucked into Greek culture. And it is no wonder why; Greek culture was the major culture milieu of the ancient world. We see this as a pattern in Jewish history. A world culture comes along which is enlightened and progressive and is changing the world, and some of the Jews always get into it. Then they say to the rest of the Jewish people: ‘Let’s get modern. Forget these ancient Jewish customs and laws.’

At this time, we have a small but very vocal and powerful group of Jews, who align with the Greek authorities and who become Hellenized. They do everything the Greeks do. They send their children to the gymnasium, and they reverse their circumcisions — a very painful operation — since much of Greek culture is focused on the physical. With sports being done naked, the Greeks would consider them mutilated otherwise.

It isn’t long before the Hellenized Jews draw the Greeks into the conflict by enlisting the support of the Selucid king. Antiochus IV Epiphanes takes deliberate steps between 169 BCE and 167 BCE to Hellenize the Jews of Israel by attempting to destroy Judaism. The Book of Maccabees calls this period a “reign of terror.” The Greeks imposed harsh decrees on the Jews to get them to give up the laws of the Torah. They weren’t allowed to keep Shabbat or observe the festivals. They weren’t allowed to study Torah or even to circumcise their sons.

Antiochus takes control of the Temple, and he removes the High Priest from his position and replaces him with a Jew that he has in his back pocket. From this point on the High Priesthood becomes, to a large extent, a corrupt institution. The corruption of the Temple and the forced Hellenization and persecution finally becomes too much to bear for observant Jews. When they finally revolt against the Greeks, they take on their collaborators among the Jews as well.

The revolt of the Maccabees — which we celebrate today as Hanukah — is as much a story of a civil war between Jews as against Greece. It’s not a war for national liberation, nor is it a struggle for physical freedom — it is a struggle of ideas. At a time when we are trying to keep Judaism relevant and passing on the vitality of our traditions, we must take stock of that which is important to us.

Above all things this Holiday is about being publicly proud of our Judaism. To publicly declare that we will not assimilate that we will not take for granted our heritage. Is there a way to guarantee that our children and...

(Continued on Page 2)
Understanding Hanukah
(continued)

grandchildren won’t? Sadly not, but we can increase our chances. We can engage in our own Jewish education by attending classes in the synagogue, in your own homes, in offices or on Zoom. We can bring our children and grandchildren to Shabbat services, have them lead the services. We can bring them to youth activities. We can send them to one of our day schools, or Sephardic Religious School and/or Sephardic Adventure Camp. Many of us have experienced firsthand the magic of SAC and how it bound us to our heritage and how we made lifelong friends. Let’s double down on our Jewish and Sephardic heritage. Let’s be proud and let’s be excited.

Hanukah Allegre!

What Fuels You?
By Rubissa Sharona Hassan

I am investigating solar panels for our home.

“How much energy do you need? Knowing how much power your household requires helps us determine how to provide that power most effectively,” the assessor explained. His question is so much bigger than solar panels and is crucial to explore in months with or without sunshine.

How much power do I require? What needs must be accomplished? What requirements must be supported by my energy system? The assessor’s question and its underlying questions are huge to contemplate in a meta-way. How much does each of us want to accomplish in a day, month, or lifetime? The amount of power demanded feels limitless until goals are set for what one is actually attempting. Take some time to contemplate this important issue.

Once the question is reframed to how much energy one needs to harness their life work, the second part looms even larger. How do we most effectively acquire that power? Like all physical items used by drivers, there is not one specific source (other than our Creator) which powers each person. Your car might be using electric, gasoline, or hybrid power.

Our mental, emotional, and spiritual systems all utilize unique energy sources but might be harder to identify than those used by Seattle City Light. After you determine how much power you need, you must identify the sources. Being more introverted or more extroverted plays a crucial role in how you energize. Does routine and structure fuel you or is it novelty and adventure? Family? Friends? This is more than a question about what you enjoy doing in your free time. What fuels you each day?

The question goes one step further if we examine what we are specifically attempting to power. Mental power might come from reading journal articles and following a nutritious diet, while emotional fuel involves binge watching and chocolate. Additionally, each type of fuel might last only a finite time. It might not be an issue of non-renewable resources, but rather an activity no longer producing the invigorating experiences it once did. Going on a daily walk with a specific friend was once energizing, but changes in the weather, walking, and conversation can cause the walk to no longer fuel you. Finding a sustainable power source, maintaining it, noticing when it wavers, and finding a replacement when needed can demand herculean effort.

And that was just mental and emotional! What about our spiritual fuel tank? In Hebrew this is known as the neshama, the soul. Friends might notice when your other tanks are getting low, but it is rare for someone else to notice that your spiritual energy needs refueling. Obviously this power source is the most crucial, as it connects us with our Creator and our divine purpose. We are made to nourish and cultivate our souls!

Covid is taxing on all our energy resources, and our spiritual energies might be suffering the most. For me, going to Israel is the most powerful way to energize spiritually. This week marks two years since I stood in the Land. Connecting with other people’s neshamot, feeling a soul connection, has been a bit more dormant while distancing.

What is it for you that nourishes and fuels your soul? Find that power and cultivate it! Nature, prayer, reflection, and learning are some of the most accessible spiritual power sources. Accessing these spiritual energy sources can be done at home, with friends and family, and especially at SBH.

I invite you to join me in some of the ways I plan to power up:

Attitude of Gratitude - Women’s Event Saturday night, November 20th 7:30 – 9:00 pm.

 Celebration of Jewish Women - December 5th at 4:00 pm, completing a year of Mother-Daughter learning with a Zoom presentation of learning and reflections.

On Thursdays in December I will be moderating a Zoom book club on ‘Becoming a Soulful Parent’ by Dasee Berkowitz. More details to follow.

Filling a cohort of JMOCS to join a trip to Israel in Autumn of 2022 to begin a year of spiritual growth.

The solar panel question leaves me wondering about power sources for our internal well-being. I beseech you to do a self-assessment on your own power supply and its needs. Be sure to include how you can best generate yourself, and how others can help fuel you.
Year in Review
By Jack Schaloum

As we come towards the end of the year it’s good to reflect on a few of the numerous accomplishments that have been made at Sephardic Bikur Holim in 2021.

1) We had a smooth transition from Diana Black, our office manager of over 30 years, to Alexis DeBrock and we just added Daniel Neyman as office coordinator.

2) We applied and received a grant from the Jewish Federation for new programming. With the help of Alexis DeBrock, Café Finjan debuted on a beautiful summer night with 150 people ranging from 21 to 103 years old!

3) We’ve had a successful and safe reopening of the Kahal in person which also included groups for youth.

4) We still have weekday services and also programs & classes on Zoom that you can tune in to.

5) We’ve launched a plan to address problems with the social hall and we’re developing a campus plan that looks towards the future.

6) The new Torah and vestidos dedication event and fundraiser was a huge success.

7) There had been improvements at the board level including (a first ever for SBH) board retreat for more board training, a beefed up committee process, more strategic long-range thinking from a dedicated and fiscally responsible board.

8) We have extended the contract for Rabbi Hassan that ensures we will have his leadership here along with his beautiful family for quite some time. We have also done the same for our wonderful Hazan, Rabbi Frank Varon, and we will get to hear his enchanting melodies and voice for years to come.

As I mentioned earlier about Diana Black, we had a wonderful kiddush for her on a beautiful August Shabbat. Diana was more than our office manager for over 30 years, she was a friend and a confidante. She was the glue that held our synagogue together. She came in knowing nothing about Judaism, nothing about our culture, nothing about our religion, nothing about our sayings. In a short time, she knew everything from what a mizvah was to a mitzvah. Diana wore so many different hats in our synagogue. She greeted everyone so warmly and kindly with a smile. She was always upbeat. She worked with three different rabbis which is more than anyone else has done and she worked with countless board presidents. By the way, those rumors are not true. She did not decide to retire when she found out I became president! She was happy for all of our celebrations and she had tears for members who passed away, many who became close personal friends of hers. So much more could be said. So many stories she could probably tell! In fact, she could probably write a book about SBH. Diana will always be family to all of us that know her and she will always have a family here at Sephardic Bikur Holim.

Wishing everyone a Happy (and grateful) Thanksgiving and a very Happy Happy Hanukkah (I’ll accept presents)!

Jack Schaloum
President
The Sephardic Bikur Holim
jacksbhprez@gmail.com

Bow Down to Washington
By Jerry Mezistrano

The other day...I was thinking about how much I love college football. Particularly this year because the University of Washington Huskies played their cross-town rivals, the University of Michigan Wolverines. I know the schools are not near each other, but in my house they are. My daughter Leslie went to Michigan and I to Washington. When it comes to football Leslie is a die-hard Seahawks fan, but her allegiance for college ball is to Michigan. Where did I go wrong?

Years ago, for Parents’ Weekend I visited my daughter at her beloved alma mater. The University of Michigan is located in the beautiful little town of Ann Arbor. I recall my daughter proudly giving a tour of U of M’s scenic campus. We passed a mixture of old and newer buildings that Leslie named. “Here is Condon Hall, Chapman Hall and Hendricks Hall,” she said. The names of these buildings had no meaning to me...so, trying to be funny, I asked her the location of Robert Hall and Monty Hall. I thought I was being quite amusing, but I think this went right over her head. Leslie is too young to remember Robert Hall department stores and she probably had no idea who Monty Hall was - a Jewish boy from Canada, who was the game show host on “Let’s Make a Deal” for years. Thus, my attempt at humor was lost, but I still

(Continued on Page 4)
Bow Down to Washington
(continued)

managed to get a chuckle out of it. I am so clever and witty.

One of the buildings we entered had pictures of famous graduates from the college. Their most famous alumnus was our 38th president, Gerald Ford. In fact, Ford had even played football for the Wolverines. Now that I think about it, I recall one of his critics (who was not enamored with his policies) made the statement, “President Ford played too many football games without his helmet.” Another famous graduate of U of M is the actor James Earl Jones. Yes, the graduates of the U of M were quite significant. There you have a notable picture of a US President right next to Darth Vader.

As we continued our tour of the campus, my daughter pointed out the Kellogg building. Again, a name I did not recognize. But wait a minute - it finally dawned on me, of course. The Kellogg building was donated by the cereal company from Battle Creek, Michigan. Every kid of my generation remembers where the Kellogg company and the Post brand cereal company are located, because that was where you had to send your box tops to get cool stuff like models, decoder rings, rockets, and frogman toys.

Yes, Battle Creek, Michigan what a cool sounding name for a city. A person would be honored to say, “I am from the historic, formidable city named Battle Creek.” The name was strong, muscular, burly, and powerful. It just had a patriotic ring to it. It was the kind of name that would impress an impressionable elementary school child.

Anyway, I have no idea how Battle Creek got its name, but I ate a lot of products produced there. Wonderful nutritional breakfast cereals like; Corn Flakes, Wheaties, Sugar Smacks, Frosty O’s, and Sugar Frosted Flakes. In the 50s the word sugar was not taboo. Today the main ingredient is still sugar, but instead of calling it “Sugar Smacks” it is now “Honey Smacks.” Apparently, honey is more acceptable. Yes, when I was a kid, I knew all the songs and slogans for cereals. “Wheaties, the breakfast of champions.” If you had an athletic accomplishment, like hit a home run, people would say, “Wow! Jay is feeling his Wheaties.” If you were to say that now, today’s youth would have no idea what you are talking about. Come to think of it, what do the kids say today? “Hey did you see that home run hit by Chuck? He must be feeling his granola dusted with a spoonful of flax seeds.”

Of course, we also ate hot cereals like Cream of Wheat, Farina and Oatmeal - which was often referred to by its more attractive name, “mush.” It sounded like you were leading a pack of sled dogs rather than having breakfast.

There have been a number of cereals that have come and gone. The biggest change has not been the ingredients as much as the price. I think if you buy a box of Cheerios today, a second mortgage on your home is required. Cereals used to be inexpensive, and now the prices are absurd. Not only that, but the box sizes are huge until you open them and realize 20% of the box is actually air.

How did I get going on cereals? I started off at the University of Michigan and football and my mind just started wandering...I must admit, it is nice being able to watch the Seahawks and Huskies on TV, as well as having the opportunity to finally attend games in person again.

One last thing - don’t you think Captain Crunch should be an Admiral by now? There goes my wandering mind again...

PS - I want to wish my wonderful sister Annette Vinnick a happy 86th birthday. Even though there is a big gap in our age (I am twenty years younger than her), we are extremely close. Annette, you are the best sister in the world and I love you. Here’s wishing you many more years of good health and happiness. Amen

Please send questions and comments to Jerrymezistrano@gmail.com.

Campus Enhancements

By Robert Gladstein

It is with great excitement that I share with you the hard work our Campus Upgrade Committee has accomplished over the past year. As you can see by the poster boards on the way into the sanctuary, we have some big news to share. Our Campus Upgrade committee was tasked with bringing recommendations to the board in three areas: our social hall, security fencing, and our courtyard/the physical grounds of the campus. We have known for the past 20 years or more that the exterior stucco walls of the social hall have a massive dry rot problem and it is getting worse by the year. In addition, it is safe to say that looking at the building, it is embarrassing how bad it looks. Sometimes after living with something for so many years, you don’t really pay attention anymore but the building looks so tired and awful.

We first looked at what it would cost to tear down and replace the entire social hall. Rough estimates came in over three million dollars. We then came up with the idea
Campus Enhancements (continued)

of getting bids on recladding the building. This means replacing the stucco walls, windows, and any of the lumber that has dry rot and putting up beautiful new exterior walls that will last a very long time. Some people have asked if anything inside our social hall will be upgraded. Not at this time but we do plan on making improvements in the next few years.

Our second task was to look at the safety and security of our campus. While we have a security officer out front on Shabbat and Holidays, one person cannot effectively watch everything going on. Our children are in the courtyard and all around the campus open to anyone who drives or walks by. A security fence was highly recommended by a professional security company that has provided us with guidance. With their help, we have a security fencing plan that secures the area between the sanctuary and social hall and new courtyard. This is exactly what we need to greatly improve the safety of everyone attending services.

Our third task was to look at our courtyard and entire outside campus creating a new opportunity to expand and enhance our current plans. This is the prefect timing as our security fencing placement will depend on our upgraded courtyard and outside campus. Our current concrete courtyard is fairly small and in bad shape. There are also elevation inclines that make it difficult to set tables and chairs on and for wheelchair access. With the guidance of David Benezra and our architectural engineers, we have designed a beautiful enhanced courtyard that is much larger that has some covered areas and pavers that encompass the entire area in-between the sanctuary and social hall. We will now have the opportunity to use our courtyard for events, Shabbat and Holidays like never before.

After getting multiple bids on all three of these major projects from very reputable companies, we were pleasantly surprised as to how low the bids came in. Our committee then shared our campus upgrade vision with the SBH board. After discussion and questions, the board gave us approval to move forward with all three campus improvements. I am sure you must be asking, “Ok Robert, how much is this going to cost?” For all three major upgrades to our Synagogue campus, the bids added up to approximately $1,200,000. And, if we make a few minor adjustments, I think it could even be a little lower. The next big question is “Robert, how are we going to pay for this.” Good question. Over the past few years, we have been blessed with some very large donations from some families who left us money in their wills. Two families in particular, Sam and Barbara Altabet and Rae Azose, have left our Synagogue substantial financial gifts. Our goal is to use some of this money for our campus upgrade. The rest we would like to fundraise. The good news is that I am not here today to fundraise and ask you for money. I am here to friend raise. I am here to share with you a dream and vision we can work on together. I am here to build excitement about our synagogue’s long term future.

Before Covid, every Shabbat we would have 100 to 200 people in our social hall for kiddush.

Our courtyard and play areas would have parents and children all around. Over this past summer even through Covid, so many people have come to synagogue. Kiddush in the courtyard has been filled with families and friends. Almost every Shabbat new faces show up. Some with families looking to move to our community. So many of our members welcome them with warmth and hospitality. My oldest son Josh wants to move back to Seattle. This summer, I have spoken with several young adults from back east getting their careers and families started. They have also shown a strong desire to be back in Seward Park. This past year we have renewed Rabbi Hassan’s contract and he has personally told me he would like to be here for a very long time. We are in the midst of renewing our beloved Rabbi Varon’s contract as well. We are so fortunate to have leadership on the highest level. Imagine how much of an impact our newly upgraded campus will have on everyone who comes to SBH. Imagine our children playing outside in a safe and beautiful environment. Imagine an outdoor wedding in our courtyard.

Our parents, grandparents and great grandparents had the vision to build what we have today. They are why we are sitting here right now. It is now our turn to continue building for our children’s future. It is our turn to be the

(Continued on Page 6)
Campus Enhancements (continued)

reason our children and grandchildren continue to have a synagogue they cherish and love. In the next few months, we are going to begin our fundraising campaign to help build our new campus. This type of opportunity to invest in our synagogue does not come along very often. I want to encourage everyone to please participate. A big thank you to David Benezer and everyone who has helped get us here. Please don’t hesitate to see David Benezer or me, if you have any questions. Please, share this exciting news with everyone. Next summer, I am looking forward to coming to synagogue and celebrating kiddush in our newly upgraded social hall and courtyard. I love Sephardic Bikur Holim. Tizku Leshanim Robot.

Siempre Te Ami
By Hazzan Isaac Azose

A strange title. It should be of interest to both our Seattle Sephardic synagogues. It appears to be Spanish, and it is, but it is also the name of a song composed and recorded by a relatively famous Sephardic singer by the name of Jack Mayesh. Its meaning is “I Always Loved You.” Jack Mayesh (born 1899) lived in Los Angeles, California from 1929 until his passing in 1969. In addition to love songs, he also recorded several liturgical pieces. The original recordings were on vinyl records, and, with the advent of new technology, they were subsequently available on cassette, compact disks (cd’s) and now digital formats.

However, I would like to concentrate on the title song, Siempre Te Ami. My son, Rabbi Yossi, informed me that it was in maqam (musical mode) Huzzzam. I first heard it sometime in 1941 or 1942, when I was eleven or twelve years old. My uncle, Bension Maimon, alav ashalom, was one of the two original hazzanim serving the Sephardic Bikur Holim. (The other one was Nissim Yahiel ben Shelomo Azouz). I am referring to the Bikur Holim in the old Central Area, on the corner of 20th Avenue and East Fir Street. One of the members of the Bikur Holim was Nissim Benezer, the brother of Henry Benezer who was, not only a past president of SBH, but also a graduate of the University of Washington. Nissim Benezer was married to someone by the name of Sarah Berro.

One Shabbat morning, as Uncle Bension got up to start the Nishmat prayer, he sang something I had not heard before in my very young life. I didn’t give it a lot of thought at the time. After services were over, I happened to be very close to Nissim Benezer and I heard him berating Uncle Bension for having used a love song as part of the liturgy. I’m paraphrasing, of course, but I heard the conversation between Nissim and Uncle Bension. They were speaking in Ladino, which, at the time, I knew well enough, because it was the language I was raised with. Nissim said something like “no te averguenses, Bension, de cantar una cantika de amor en muestras orasyones?” ( Aren’t you ashamed, Bension, to sing the tune to a love song during our prayers?) I’m paraphrasing, of course, but I believe Uncle Bension said something like “Nissim, no era la primera vez ni sera la ultima vez ke uzamos kantikas de amor en muestras orasyones” (Nissim, it was not the first time, nor will it be the last time that you will hear the tune of love songs during our prayers).

I don’t recall too well but, during the ensuing years, I must have heard it sung a few times. However, it was sung only when there was a wedding scheduled in the synagogue for the coming week or weekend. This was also the impetus for me to use it at Ezra Bessaroth two or three times while I was hazzan there from March 1966 to when I retired on January 1, 2000. However, this only came to mind recently when Alex Behar, the son of David E. Behar, returned to Seattle from New York with his new bride, Eliana. I thought to myself, ‘Although it’s the week after their wedding, why don’t I sing the same tune in honor of Alex and Eliana?’ I asked Rabbi Simon Benzaquen, who would normally have recited the services, if I could lead the prayers, starting with the Nishmat, through the end of the morning Amidah. He graciously said yes.

Afterwards, I let both David and Alex in on the significance of my leading the services that morning and the tune that I started it out with. Once they learned the meaning of the words to “Siempre Te Ami,” they thought that it was a nice tribute to their being in Seattle on the Shabbat following their wedding.

Earlier in this article, I had indicated that the maiden name of Nissim Benezer’s wife Sarah was Berro. I had only heard the name with that spelling at the Ezra Bessaroth. The wife of Rev. David Behar, Buena Leah, had a sister by the name of Rosa. She had married Bill Berro from Rhodes, affectionately known as “Uncle Bill.” Sol (Leo) Azose confirmed to me that Nissim Benezer’s wife was Sarah Berro and she was the sister of Uncle Bill Berro of Ezra Bessaroth.
My Special Stone

By Louise Chiprut Berman

A Children’s Short Story:

“Today, I will bring my special stone,” thought Esther. Today is the day I will visit my Nona. She taught me how to make boyos de espinaka, my favorite Shabbat breakfast. She called them dizayuno. Nona had the best hugs and never got mad at me. She always smelled good and her house was always so clean.

We spent a lot of time with my Nona, since Papoo died. We would have Friday night dinners with her. “Don’t forget the napkins Esther,” she would say as we set the table. I loved the special way she said my name: Es-stair – rolling her r.

“It’s beginning to get dark out, hija… time to light candles.” We would sing the prayer together. My voice was always louder. “Le chad leek, shel Shabbat.” Then we’d laugh as we sang, “There’s no other day like Shabbat” and wave our fingers back and forth. I miss her extra special Shabbat hug.

Nona would give me some coins to put into the tzedakah (charity) box adding, “Thank you for watching over us this week.” or “This is for a healthy and happy Shabbat.” Sometimes, Nona would say, “This is for my dear friend Betty. I hope she gets better soon.”

Once each year, we would light a smaller candle and Nona would give me an extra coin or two. “This is for my dear husband, Morris. Ke repose en Gan Eden. May he rest in peace.” I would give her an extra-long hug and pretend I didn’t see the tear in her eye.

Then she would kiss me and we would sit to eat. We loved singing “Ya Comimos” after dinner. It was a festive tune full of “ruach” or spirit. It was like being at summer camp when we sang after meals. Singing is a great way to show gratitude for all we have. Around our new year (Rosh Ashana), she’d sing, “Este dia por zahuth, damos vida i saluth.” I can still hear that tune in my head.

“Giving to those less fortunate is a mitzvah, a good deed.” Nona would say. My tzedakah box is the perfect place to keep my coins. When it gets heavy, I know it’s time to give to those in need. Doing this gives me an extra warm feeling inside. Mitzvah.

Nona taught me many customs. “This is the way of our people,” she would say. “This is how we have done things for years. Remember that Esther.” And I promised Nona I would never forget.

Some weekends, I spent the night in her guest room. That room had an old chest of drawers she called a ‘bourron.’ It had many framed pictures on top, all different sizes. One was when the whole family was together at a Bar Mitzvah. We were all dressed up. There was a black and white picture with the corner ripped. It was a picture of my great Nona and Papoo. They didn’t smile. I especially loved the one of just Nona and Papoo and me at the ocean. Looking at that picture, I pretended I was walking on the sand looking for seashells. Just for a moment, I could smell the ocean. Memories.

Other times, I got to see her play mah jongg with her friends. “Five crak,” one would say. “Two bam. Take.” And finally, “Mah Jongg!” They would all let out a surprised cheer. I learned to say, “Nice hand.”

Yes, Nona had many friends. “Today, Esther, we will take a rosca, a round home made loaf of bread, to Mrs. Cordova’s house. She has not been feeling well. Your little friend Sammy will be there.” I liked playing with Sammy. He was a good sport and let me win when we played cards.

Sometimes, Nona would tell me funny stories about some fellow she called Joha. Those stories were so incredibly silly, we had to laugh. She also told me stories about her parents and when they came to America. They didn’t speak English. I wonder how hard that must have been?

I wish I could have met them. Nona says they live through us. They live through us as long as we follow the same customs they did. They live through us when we make the same foods and sing the same songs just as they did. They live through us each year when we remember to light a yartzeit (memorial) candle on the anniversary of their passing. And I suppose that is how my Nona will live through me. I will remember all she taught me over the years and I will think about how she loved life.

I will bring my special white stone with me today and place it on her grave as my way of letting her know I was there and I’ll take a moment to think of the special times I had with my Nona Esther. I will remember tzedakah and to light my candles each Friday. I will remember the words to Ya Comimos and never forget the importance of giving to those less fortunate. I promise to remember one of her most important rules of life: Never say anything bad about anyone, whether it’s true or not. Never. “Kitta buena de la boca,” she’d say.

Most of all, I will remember to give thanks for having someone so special in my life. One day, when I have a family, I will tell my children about my Nona. Perhaps if I am lucky, I will have a granddaughter named for me. When the time is right, she will learn the meaning of a special stone, too.
Community Life in Pictures

Special Thanks: Alan Condiotty and his amazing Sukkah making crew: Jason and Yaakov Haleva, Yaakov Maimon, Daniel Arreola Cueto, Mitch Greene and Katie Condiotty.

Rabbi and Rubissa Hassan would like to thank all the amazing Lulav and Etrog Volunteers: Larry Adatto, David Benezra, Josh Benezra, Rebecca Benezra, David Benveniste, Jason Haleva, Yaakov Haleva, Jacque Hassan, Cohava Hassan, Tova Hassan, Rabbi Avraham Maimon, David Maimon, Isaac Maimon, Menachem Maimon, Yaakov Maimon, Daniel Neyman and Alan Scharhon.

Noach Bunny Party: Sunday, October 10 SBH Youth hosted its annual Noach Bunny Party.
Community Highlights

November & December Anniversaries

Munchos Y Buenos to all couples celebrating their anniversaries in November & December

Sid & Vicki Schain (11/11/56) 65
Steve & Jan Azose (11/25/73) 48
Norman & Carole Azose (11/22/79) 42
Larry & Fortun Azose (11/30/80) 41
Robert & Leah Gladstein (11/25/90) 31
Menachem & Judy Maimon (11/17/97) 24
David & Sigrid Benezra (11/28/99) 22
Benjamin & Lea Lipman (11/6/05) 16
Andrew & Nicole Scharhon (11/26/06) 15
Jason & Tziporah Nagel (11/9/08) 13

Jack & Bernice Belur (12/17/50) 71
Victor & Regina Amira (12/21/52) 69
David & Sandra Altaras (12/19/54) 67
Eugene & Esther Normand (12/17/67) 54
Rabbi Simon & Cecilia Benzaquen (12/21/69) 52
Irving & Luann Bertram (12/12/71) 50
Rabbi Mark & Marilyn Greenspan (12/28/76) 45
David & Kaden Oppenheimer (12/23/79) 42
Andrew & Sissel Springer (12/16/79) 42
Sam & Vicki Lynn Babani (12/20/81) 40
Jay & Dana Azose (12/24/91) 30
Jeffrey & Maureen Lipsen (12/20/92) 29
David & Julia Almosino (12/10/95) 26

Mazal Tov! Munchos i Buenos!

Mazal Tov to Betsy Babani on the engagement of her granddaughter, Shira Termeki to Yossef Rubinov. Shira is the daughter of Sarica and Omid Termeki

Mazal Tov to Rachel Benoliel on her engagement to Jacob Hanan. Rachel is the daughter of Jeff and Jennifer Benoliel and granddaughter of Al Benoliel

New Arrivals

Mazal Tov to Myriam & Benjamin Caro on the birth of a baby girl, Yael Caro

Mazal Tov to Danny & Shiri Jassen and grandparents Larry & Janet Jassen on the birth of a baby girl, Annabelle

Mazal Tov to Larry & Lysa Almo on the birth of a granddaughter, a daughter born to Lillian & Tzvi Heber, Avra Emunah Heber

Mazal Tov to Marnina & Jack Gottesman and great grandmother Rosie Maimon on the birth of a baby boy, Da’el Zevulun

Thank you to our Kiddush Sponsors in September/October

Liz Azose & David Balint
Dr. Elie and Miriam Levy
David & Joy Maimon
Jack & Heidi Varon
Tributes:

Endowment Fund
In Memory Of
Nathan Grinspan
    Sharon Babani

Humash
In Memory Of
Sol Amon
    Pearl M. Barocas
    Rebecca Benaroya
Rabbi Eliahu Ezran ben Avigayil
    Ayelet Ezran

Prayer Book
In honor of
Isaac & Luci Varon- In appreciation of and wishing good luck
    Rachel Vaillancourt

In Memory Of
Sam Angel
    Albert & Sandy Angel

Chai Fund
In Honor Of
Victor Amira- Happy birthday!
    Lilly De Jaen

In Memory Of
Sol Amon
    Lilly De Jaen
Ralph Adatto
    Helene Behar
Tamara Lynn Haleva
    Helene Behar
Betty Halfon
    Lilly De Jaen
    Al S. & Jeanne Maimon

General Fund
In Honor Of
Isaac Almo- Happy Bar Mitzvah Anniversary
    Norman & Lisa Behar
    Lilly De Jaen
Louise Benaltabe- Happy Birthday!
    Lilly De Jaen

Benjamin & Myriam- Birth of Yael Caro
    Benjamin & Lea Lipman
Jason & Laura Haleva- Wishing you a happy anniversary & Shana Tova
    Jack Haleva
Danny & Shiri Jassen- In honor of a new baby girl
    Benjamin & Lea Lipman
Al S. Maimon- being named guest of honor at National Sephardic Gala Banquet
    Bruce & Esther Caplan
    Ruth Sassoon
Rabbi & Rubissa Hassan- for their perpetual warmth, welcome, and leadership
    Jonathan Schwartz
    Alexandra Zelle Rettman
Rabbi Hassan- In appreciation
    Ze’ev & Laurie Young
Rabbi Frank Varon- Much appreciation
    Morton & Leah Moskowitz

Good Health To
Steve Calvo
    Jack & Barbara Cordova
Sam Haleva
    Marcie Overbeck & Ruben Owen
Ruti & Steve Younter- N’seeyah Tova on their move to Israel
    Ruth Sassoon

In Memory Of
Ralph Adatto
    Rachel Baruch
    Jack & Bernice Belur
    Diana Black
    Alan & Roz Bornstein
    Jon Calvo
    Stella Eskenazi
    Marilyn Feinberg
    Hanoh Family
Lilly Almo
    Benjamin & Lea Lipman
Minnette Almoslino
    Michelle Almoslino
Tributes (continued)

Sol Amon
Jack I. & Sue Barokas
Kathie Barokas
Lynne Behar
Norman & Lisa Behar
Jack & Bernice Belur
Larry & Shelley Bensussen
Harry Calvo
Jack & Barbara Cordova
Stuart & Karen Epstein
Elaine & Bruce Goldstein
Lea & Larry Hamlin
Jill Heerensperger
Lois Mayers
Albie & Vicki Moshcatel
Robert Schoenfeld
Shirley Sidis
Seattle Sephardic Brotherhood

Sam Angel
Jack & Bernice Belur

Helene Chaiken Blum
Edward & Vivian Blum

Abraham Binoun
Blanche Hanoh
Bella Hanoh & Stella
Hanoh-Coleman

Joseph Cohen
Sara Blumenzweig

Al Condiotty
Wendy Condiotty

Ezra Shaul Chrem
Isaac & Elisa Azose

Marian Eskenazi
Rachel Baruch
Stella Eskenazi
David Israel

Ari Grashin
Adam & Beth Balkany

Nathan Grinspan
Benjamin & Lea Lipman

Tamara Lynn Haleva
Jack J. Haleva

Betty Hafnon
Sol L. (Mo) Azose
Jon Calvo
Bruce & Esther Caplan
Jack & Barbara Cordova
Leonard & Louise Berman
Lynne Behar
Stanley Handaly & Pamela Goral
Larry & Janet Jassen
Ralph & Esther Maimon
Sid & Victoria Schain
Seattle Sephardic Brotherhood

Corinne Israel
Ralph & Ester Maimon

Sue Levy
Alan & Roz Bornstein
Bruce & Esther Caplan
Jack & Barbara Cordova
Hanoh Family
Sally Maimon
Ralph & Esther Maimon
Marcie Overbeck & Ruben Owen
Larry & Janet Jassen
Seattle Sephardic Brotherhood

Rabbi Solomon Maimon
Janet & Larry Jassen

Lazar Scharhon
Stanley & Esther Morhaime

Katherine Scharhon
Stanley & Esther Morhaime

Arnold Slatin
Laurie & Michael Almoslino

Beverly Gloria Levy Slatin
Laurie & Michael Almoslino

Barbara Smith
Patricia Kamoun & Gershon Bergwerk

Lynda Wegodsky
Victor Halela

Marcia Zwelling
Daniel & Diana Zwelling

Refuah Shelema
Our congregation would like to wish a speedy recovery to the following members:

Adina Almo
Rebecca Almo
Steve Calvo
Lucia De Fumis
Sam Haleva
Chana Gonzalez
Ellen Kotkin
Jerry Mezistrano
Rachel Vaillancourt
Eitan Varon
<table>
<thead>
<tr>
<th>Name</th>
<th>Relationship</th>
<th>Hebrew Name</th>
<th>English Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sophie Morhaime</td>
<td>Brother</td>
<td>MOSHE ben LEAH</td>
<td>Morris I. Baroh</td>
<td>Mon. Nov. 1</td>
</tr>
<tr>
<td>Lillian Levy</td>
<td></td>
<td>(Morris I. Baroh)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fortune Eskenazi</td>
<td>Father</td>
<td>SHAOUL ben MASSOUDA</td>
<td>Saul Mashiah</td>
<td>Mon. Nov. 1</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Saul Mashiah)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aimee Johnston</td>
<td>Husband</td>
<td>REUVEN ben AVRAHAM</td>
<td>Robert Johnston</td>
<td>Tue. Nov. 2</td>
</tr>
<tr>
<td>Deborah Johnston</td>
<td></td>
<td>(Robert Johnston)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diana Azose</td>
<td>Sister</td>
<td>RAHEL bat ESTHER</td>
<td>(Rachel Baroh)</td>
<td>Wed. Nov. 3</td>
</tr>
<tr>
<td>Julia Jerusalmi</td>
<td></td>
<td>(12 mos.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rosie Maimon</td>
<td>Father</td>
<td>PERAL KALA bat YEHUDIT</td>
<td>(Lena Naimark)</td>
<td>Wed. Nov. 3</td>
</tr>
<tr>
<td>Samuel Haleva</td>
<td>Brother</td>
<td>SHELOMO ben LUNA</td>
<td>Solomon J. Haleva</td>
<td>Wed. Nov. 3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Solomon J. Haleva)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dave S. Azose</td>
<td>Aunt</td>
<td>LUNA bat RIVKA</td>
<td>Lena Naimark</td>
<td>Wed. Nov. 3</td>
</tr>
<tr>
<td>David Altaras</td>
<td></td>
<td>(Lena Naimark)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cynthia Gamel</td>
<td>Mother</td>
<td>PERAL KALA bat YEHUDIT</td>
<td>Paula Carol Kravette</td>
<td>Wed. Nov. 3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Paula Carol Kravette)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lilly De Jaen</td>
<td>Father</td>
<td>YISRAEL ben ZIMBOOL</td>
<td>(Israel DeJaen)</td>
<td>Thu. Nov. 4</td>
</tr>
<tr>
<td>Mordo De Jaen</td>
<td></td>
<td>(Israel DeJaen)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Albert De Jaen</td>
<td></td>
<td>(Israel DeJaen)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Simon Amiel</td>
<td>Grandfather</td>
<td>SHEMUEL ben PALOMA</td>
<td>(Rev. Samuel Benaroya)</td>
<td>Sat. Nov. 6</td>
</tr>
<tr>
<td>Sam Amiel</td>
<td></td>
<td>(Rev. Samuel Benaroya)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Andrea Schaloum</td>
<td>Father</td>
<td>SHEMUEL ben OSNA</td>
<td>Samuel Cowan</td>
<td>Mon. Nov. 8</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Samuel Cowan)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sue Barokas</td>
<td>Father</td>
<td>YEHUDA ben REYNA</td>
<td>Leo Calvo</td>
<td>Wed. Nov. 10</td>
</tr>
<tr>
<td>Sam (Bill) Calvo</td>
<td></td>
<td>(Leo Calvo)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marie Scharhon</td>
<td>Father</td>
<td>YISRAEL ben MAZALTOV</td>
<td>Israel Halfon</td>
<td>Thu. Nov. 11</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Israel Halfon)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Leon S. Mezistrano</td>
<td>Father</td>
<td>SHELOMO ben HANULLA</td>
<td>Solomon Mezistrano</td>
<td>Thu. Nov. 11</td>
</tr>
<tr>
<td>Joseph Mezistrano</td>
<td></td>
<td>(Solomon Mezistrano)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anne Hirschhorn</td>
<td></td>
<td>(Solomon Mezistrano)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Saralyn Negrin</td>
<td>Father</td>
<td>AVRAHAM ben PERLA</td>
<td>Albert L. Benezra</td>
<td>Tue. Nov. 16</td>
</tr>
<tr>
<td>Janet Jassen</td>
<td></td>
<td>(Albert L. Benezra)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Scott Michelson</td>
<td>Father</td>
<td>ZEV YAAKOV ben HANNA LEAH</td>
<td>Wilbert [Mike] Michelson</td>
<td>Thu. Nov. 18</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Wilbert [Mike] Michelson)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stanley Handaly</td>
<td>Father</td>
<td>YITZHAK HANDALY</td>
<td>(Isaac Handaly)</td>
<td>Thu. Nov. 18</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Isaac Handaly)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marcia Overbeck</td>
<td>Father</td>
<td>AVRAHAM ben MAZALTOV</td>
<td>(Albert B. Israel)</td>
<td>Thu. Nov. 18</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Albert B. Israel)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sophie Morhaime</td>
<td>Father</td>
<td>YITZHAK ben SIMHA</td>
<td>(Isaac Baroh)</td>
<td>Fri. Nov. 19</td>
</tr>
<tr>
<td>Lillian Levy</td>
<td></td>
<td>(Isaac Baroh)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frank Funis</td>
<td>Father</td>
<td>YITZHAK ben SULTANA</td>
<td>(Isaac D. Funis)</td>
<td>Sat. Nov. 20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Isaac D. Funis)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Isaac Almo</td>
<td>Mother-in-law</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jack Almo</td>
<td>Grandmother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lea Lipman</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>MACHLA bat MALKA</td>
<td>(Margie Winkler)</td>
<td></td>
</tr>
<tr>
<td>Jeffrey Lipsen</td>
<td>Mother</td>
<td>ESTHER bat SARA</td>
<td>(Esther Lipsen)</td>
<td>Sun. Nov. 21</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Esther Lipsen)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sharona Hassan</td>
<td>Grandmother</td>
<td>PIHA RUT bat FLORENCE</td>
<td>Phyllis Kadosh</td>
<td>Mon. Nov. 22</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Phyllis Kadosh)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blanche Hanoh</td>
<td>Mother</td>
<td>MATILDA bat LEA</td>
<td>Mathilda Binou</td>
<td>Tue. Nov. 23</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(Mathilda Binou)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Relationship</td>
<td>Death Date</td>
<td>Festival Date</td>
<td></td>
</tr>
<tr>
<td>-----------------------</td>
<td>----------------</td>
<td>------------</td>
<td>---------------</td>
<td></td>
</tr>
<tr>
<td>Rita Calderon</td>
<td>Daughter</td>
<td>19 Kislev</td>
<td>Tue. Nov. 23</td>
<td></td>
</tr>
<tr>
<td>Marlene Piha</td>
<td>Sister</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>LEVANA RIVKA bat RITA</strong> (Lynne Marie Coe)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Irvin Condiotty</td>
<td>Mother</td>
<td>19 Kislev</td>
<td>Tue. Nov. 23</td>
<td></td>
</tr>
<tr>
<td>Wendy Condiotty</td>
<td>Mother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>GETTEL bat FREIDA</strong> (Gloria Condiotty)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jack Ezraty</td>
<td>Mother</td>
<td>19 Kislev</td>
<td>Tue. Nov. 23</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>HURSI bat SIMHULA</strong> (Lucille Ezraty)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lawrence Clayman</td>
<td>Mother</td>
<td>19 Kislev</td>
<td>Tue. Nov. 23</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>MIRIAM bat SARA</strong> (Miriam Zimmerman)</td>
<td>(11 mos.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Susan Marks</td>
<td>Father</td>
<td>20 Kislev</td>
<td>Wed. Nov. 24</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>HAIM ben LEEBA</strong> (Chaim Marks)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>David Polaner</td>
<td>Father</td>
<td>20 Kislev</td>
<td>Wed. Nov. 24</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>YAAKOV ELIEZER ben YISHAYA</strong> (Jerome Polaner)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pearl L. Varon</td>
<td>Brother</td>
<td>20 Kislev</td>
<td>Wed. Nov. 24</td>
<td></td>
</tr>
<tr>
<td>Ben Varon</td>
<td>Uncle</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>HEZKIYAHU ben LEAH Harry B. Varon</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Terry Azose</td>
<td>Mother</td>
<td>21 Kislev</td>
<td>Thur. Nov. 25</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>NESHKE bat FAGEL</strong> (Natalie Fingeroot)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sol L. Azose</td>
<td>Grandfather</td>
<td>22 Kislev</td>
<td>Fri. Nov. 26</td>
<td></td>
</tr>
<tr>
<td>Dave S. Azose</td>
<td>Grandfather</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Victor Amira</td>
<td><strong>SHELOMO ben MAZAL TOV</strong> (Rabbi Solomon Azose)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Louise Berman</td>
<td>Father</td>
<td>22 Kislev</td>
<td>Fri. Nov. 26</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>MOSHE ben KADUN</strong> (Morris Chiprut)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Roz Bornstein</td>
<td>Grandfather</td>
<td>23 Kislev</td>
<td>Sat. Nov. 27</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>MORDECHAI YOSEPH ben BEYA</strong> (Marco J. Calvo)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ann Pinsky</td>
<td>Father</td>
<td>23 Kislev</td>
<td>Sat. Nov. 27</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>BARUCH ben YOSEF</strong> (Bernard Pinsky)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Katherine Barokas</td>
<td>Husband</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Larry Barokas</td>
<td>Brother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>MENAHEM ben SARA</strong> (Morgan A. Barokas)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jack Azose</td>
<td>Mother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>LEAH LILY bat HABIBA</strong> (Leah Lily Azose)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Albert De Jaen</td>
<td>Wife</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>LEAH bat MIHAL</strong> (Lynne De Jaen)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Albert Moschcatel</td>
<td>Mother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Michael Moschcatel</td>
<td>Mother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>MAZALTOV bat REINA</strong> (Frances Moschcatel)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alan Benoliel</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>David Benoliel</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>YOSEF HAYIM ben YEHUDIT</strong> (Joseph Benoliel)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beloria Levy</td>
<td>Brother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>MEIR ben AZIZA</strong> (Michel Elkaim)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jerry Haleva</td>
<td>Sister</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jack Haleva</td>
<td>Sister</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>LEVANA SIMHA bat REYNA</strong> (Linda Joy Lewis)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Luann Bertram</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Morris Muscatel</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>DAVID ben KADUN</strong> (David M. Muscatel)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rick Eskenazi</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jack I. Eskenazi</td>
<td>Brother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>AVRAHAM ben KADUN</strong> (Albert I. Eskenazi)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Michael Freund</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>YOSEF ben SARAH</strong> (Josef Freund)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rachel Calvo</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Estelle Handlin</td>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>YAAKOV ben RAHEL</strong> (Jack Funes)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Linda Souriano</td>
<td>Mother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Israeli</td>
<td>Mother</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>RIVKA bat REYNA</strong> (Rebecca Souriano)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(Continued on Page 14)
<table>
<thead>
<tr>
<th>Meldados (continued)</th>
<th>Isaac Almo</th>
<th>Wife</th>
<th>9 Tevet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sol L. Azose</td>
<td>Jack Almo</td>
<td>Mother</td>
<td>Mon. Dec. 13</td>
</tr>
<tr>
<td>Pearl Barocas</td>
<td>Lea Lipman</td>
<td>ZELDA RACHEL bat MACHLA (Velma Almo)</td>
<td></td>
</tr>
<tr>
<td>Sarafyn Negrin</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Janet Jassen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Victor Halela</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Isaac Almo</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jack Almo</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lea Lipman</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Janet Calvo</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sharon Adatto</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Michael Benzikry</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sara Blumenzweig</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cecile Blumenzweig</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rabbi Michael</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cohen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jerry Mezistrano</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Julia Jerusalmi</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diana Azose</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rosie Maimon</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Michael Benzikry</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Barbara Calvo</td>
<td></td>
<td>Husband</td>
<td>9 Tevet</td>
</tr>
<tr>
<td></td>
<td></td>
<td>SHELOMO ben MAZALTOV (Sidney [Stan] Calvo)</td>
<td></td>
</tr>
<tr>
<td>Dave S. Azose</td>
<td></td>
<td>Mother</td>
<td>10 Tevet</td>
</tr>
<tr>
<td></td>
<td></td>
<td>MIRIAM AMADA bat RIVKA (Miriam Amada Azose)</td>
<td></td>
</tr>
<tr>
<td>Lee Benezra</td>
<td></td>
<td>Father</td>
<td>10 Tevet</td>
</tr>
<tr>
<td>David Benezra</td>
<td></td>
<td>HAYIM ELIYAHU ben SARA (Henry Benezra)</td>
<td></td>
</tr>
<tr>
<td>Morrie Benveniste</td>
<td></td>
<td>Father</td>
<td>10 Tevet</td>
</tr>
<tr>
<td>David Benveniste</td>
<td></td>
<td>NESSIM ben ESTHER (Sam Benveniste)</td>
<td></td>
</tr>
<tr>
<td>Lilly De Jaen</td>
<td></td>
<td>Mother</td>
<td>10 Tevet</td>
</tr>
<tr>
<td>Mordo De Jaen</td>
<td></td>
<td>SULTANA bat LEAH (Sultana DeJaen)</td>
<td></td>
</tr>
<tr>
<td>Albert De Jaen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Victor Halela</td>
<td></td>
<td>Daughter</td>
<td>10 Tevet</td>
</tr>
<tr>
<td>Michelle Almoslino</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>David Almoslino</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>David Naggar</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peggy Maimon</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Victor C. Amira</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allyn Adatto</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Larry Adatto</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Note:** Dates are based on the Hebrew calendar.

---

**LA BOZ**

**WWW.SBHSEATTLE.ORG**

**NOVEMBER/DECEMBER, 2021**

**14**
Meldados (continued)

Jeff Merriman-Cohen
---
Grandfather GRANDPALM ben SARAH
(Samuel Coleman)

Rabbi Gourdia
---
Mother SIMHA SABIHA PENINA bat
MESSUDEH
(Penina Gourdij)

Steve Abolafia
Joseph Abolafia
Vicki Lynn Babani
---
Mother BATSEVA bat VICTORIA
(Betty Abolafia)

Annette Hasson
Rachelle Mezistrano
Marilyn Mezistrano
---
Sister BatSEVAH bat MIRIAM bat SARA
(Miriam Zimmerman)

Lawrence Clayman
---
Mother MIRIAM bat SARA
(Miriam Zimmerman)

Michelle Mezistrano
---
Father SHEMUEL SHLEMA
ben BLUMA
(Samuel S. Alt)

David Israel
---
Grandmother FLORENCE
SARA ALKANA
(Florence Shemaria Israel)

Allyn Adatto
Larry Adatto
---
Cousin YOSEF ben RIVKA
(Rick Leavitt)

Jack M. Calvo
Esther Maimon
---
Brother YITZHAK ben SEMA
(Irving Calvo)

Rachel Vaillancourt
---
Brother SEMAIA ben ESTHER
(Semaia Serra)

Victor C. Amira
---
Brother ELIYAHU ben
SULTANA ESTHER
(Leo C. Amira)

Betsy Babani
---
Father YOSEF ben FRADYA
(Cantor Joseph Frankel)

Marie Scharhon
---
Aunt BE’AH bat MAZALTOV
(Belle Ovadia)

Larry Jassen
---
Father YEHEZKEL ben
SHEYNA FRUMA
(Charles Jassen)

---

Conololences
We extend our sincere condolences to:

Marc Levy and his family on the passing of his beloved mother, Sue Levy
Marie Scharhon, Jean Scharhon, Andrew Scharhon & their families on the passing of their beloved sister and aunt, Betty Halfon
Tillie Amon, Helene Behar, Eileen Kulman & their families on the passing of their beloved husband and father, Sol Amon
Religious Staff
Rabbi - Benjamin Hassan
Rabbi Emeritus - Simon Benzaquen
Hazzan - Rabbi Frank Varon
Gabbai - Larry Almo

Officers
President - Jack Schaloum
1st Vice President - David Benezra
2nd Vice President - Jack Azose
3rd Vice President - Miri Tilson
Treasurer - Steve Altchech
Secretary - Bruce Mezistrano
Grand Trustee - Sam Mezistrano

Board of Trustees
Cynthia Gamel
Jack Gottesman
Robert Gladstein
Laura Haleva
Judy Maimon
Makena Mezistrano
Alan Scharhon
Ben Varon

Office Manager - Alexis DeBrock
Youth Director - Rubissa Sharona Hassan
Office Coordinator - Daniel Neyman
Caretaker - Yehuda Gonzalez
Telephone: 206-723-3028
Fax: 206-760-9469
Email: info@sbhseattle.org
Website: www.sbhseattle.org

La Boz - Volume VI No. 6
November/December 2021
Heshvan/Kislev/Tevet 5782

La Boz is published for the benefit and education of the membership of Sephardic Bikur Holim Congregation. Non-members who wish to subscribe to La Boz may do so by sending an $18.00 donation annually to the Synagogue to cover publication and mailing cost.

Articles being submitted for publication for the January, 2022 issue of La Boz should be submitted no later than December 10, 2021. All articles and questions should be submitted to La Boz, Sephardic Bikur Holim Congregation, 6500 52nd Ave. S., Seattle, WA 98118 (e-mail info@sbhseattle.org or phone 206-723-3028 ext. 2).

Articles submitted are the opinion of the writers and do not necessarily reflect the opinion of La Boz or Sephardic Bikur Holim Congregation.

Acknowledgment of life cycle events is consistent with Halachic principles.

La Boz is a publication of Sephardic Bikur Holim Congregation. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, without prior written permission from Sephardic Bikur Holim.
The Rhodes/Cos Memorial Committee of Seattle Presents

The Polarization of American Jewry

Is it Increasing Vulnerability to Antisemitism and Diminishing the Holocaust Narrative?

A Commemorative Lecture by renowned scientist & author
Dr. René Levy

Program includes a traditional ‘Hashkavah’ memorial prayer for the Sephardic communities of Rhodes, Cos, Greece, and the Balkans destroyed in the Holocaust

SUNDAY, NOVEMBER 21, 2021
10:30AM PST / 1:30PM EST
LIVESTREAM VIA ZOOM & FACEBOOK
REGISTER AT TINYURL.COM/RHODESCOSMEMORIAL
HTTPS://WWW.EZRABESSAROTH.NET/EVENTS/RHODES-COS-MEMORIAL-EVENT-LECTURE-FEATURING-DR-RENE-LEVY
ABOUT THE SPEAKER - DR. RENÉ LEVY

René H. Levy, PhD, Professor Emeritus, University of Washington - Seattle, served as chair of Department of Pharmaceutics for 26 years. Recipient of numerous awards for significant contributions to treatment of epilepsy, spanning 3 decades, including such high honors as the American Epilepsy Society’s William G. Lennox-Cesare T. Lambroso Award; and the American Society for Clinical Pharmacology and Therapeutics’ Gary Neil Prize for Innovation in Drug Development. Dr. Levy drew on his interest in neuroscience to author “Baseless Hatred: What It Is and What You Can Do About It” (Gefen Publishing), which received praise from the Chairman of the Yad Vashem Directorate, as well as Former Chairman of the Yad Vashem Council, and Chair of the Finkler Institute of Holocaust Research.

Dr. Levy is founder of the Project for Applied Peoplehood and Unity and authored a Curriculum to train community leaders as “Ambassadors” to overcome divisiveness and strengthen community cohesion. In response to the emergence of political hatred and division in the U.S., particularly following the 2016 elections, Dr. Levy wrote “Mending America’s Political Divide”. Published in 2021, this NABE Pinnacle Book Achievement Award winning book offers science-based solutions to political hatred. Prof. A.C. Brooks of the Harvard Kennedy School, and Fellow at the Harvard Business School wrote: “neuroscientist Dr. Rene Levy provides an expert’s view of the cancer of political contempt in America. He masterfully diagnoses the problem and provides a cure. If you want a future in which we unify and uplift our country, read this book.”

Program Co-Sponsors

Congregation Ezra Bessaroth | Lela & Harley Franco | Sephardic Bikur Holim
Sephardic Jewish Brotherhood of America | Holocaust Center for Humanity
Seattle Sephardic Network | Kline Galland Community Based Services
Jewish Federation of Greater Seattle | Jewish Community Relations Council of the
Jewish Federation of Greater Seattle
First candle lighting on
Sunday Evening, November 28, 2021

Menorah and Candle Configuration and Lighting:
1. It is our custom to set up the Menorah with the Shamash candle in its place and not lit.
2. Taking another candle for lighting purposes only, recite the appropriate blessing and light the Hanukah candles from left to right, lighting the newest candle first.
3. Lastly, light the Shamash candle.
4. It is our custom to light one Menorah per family
5. It is preferable to use olive oil.

Hanukah Alegre
Blessings Before Lighting Hanukah Candles

Baruch ata Ado-nai
Elo-henu melech haolam
Asher kideh-shanu beh-mitzvotov
Veh-tseevanu leh-hadleek nehr
Hanukah.

Baruch ata Ado-nai Elo-henu melech haolam Sheh-asa niseem la-avoteh-nu Ba-yameem hahem ba-zeh-mahn hazeh.

Blessed are You, Lord our God, Ruler of the universe
You have sanctified us with Your commandments and ordained that we kindle the Hanukah Light.

Blessed are You, Lord our God, Ruler of the universe, who wrought wonderful deliverances for our fathers in days of old at this season.

The following blessing is recited only upon lighting the Hanukah candles for the first time during Hanukah.


RECITED EACH NIGHT:


These lights we kindle to mark the marvelous liberation, and the strength, the wonder and the comfort of the rescues that You did perform for our ancestors through Your holy priests at this season in ancient days. Wherefore these lights are sacred all the eight days of Hanukah, and we are not permitted to make profane use of them, but only to look at them so as to give thanks to You for Your miraculous saving providence.
ROCK OF AGES
Rock of Ages, let our song Praise Your saving power; You amidst the raging fors; Was our sheltering tower, Furious they assailed us, But Your arm availed us And Your word broke their sword When our own strength failed us.

One individual recites the blessings, and all others respond AMEN.

מא-ואז תSUR
Ma-oaz tsur yeh-shu-a-tee
Leh-cha na-eh-leh-sha-beh-ah
Tikon beth teh-fla-ti
Veh-sham toh-da neh-za-beh-ah
Leh-eth ta-cheen maht-beh-ah
Mi-tsar hahm-na-beh-ah
Ahz eg-mor beh-sheer miz-mor
Hanukath ha-miz-beh-ah