Looking to Shavuot

By Rabbi Benjamin Hassan

Shavuot is the holiday where we celebrate Hashem giving us the Torah at Mount Sinai over 3300 years ago. One would surmise that this would make for a remarkable holiday. But it is noted more by its absence of any unique mitzvot than by anything active. There is no matza, no lulav, no frantic cleaning beforehand and no building of a sukah. Although we do have a series of customs that have developed over the years, Shavuot is unfortunately the forgotten holiday.

Most people, when asked about Shavuot, will give one of three answers. Dairy food, staying up late, or ‘did I miss that holiday?’ Rabbi Jonathan Sacks zt”l wrote a very thought-provoking article recently where he touched upon Jewish continuity and identity.

“Throughout a century of reflection on how to sustain Jewish identity in an open, secular society, the case has often been made that we need to make Judaism easier. Why make the barriers so high, the demands so steep, the laws so rigorous and demanding? So, one by one, the demands were lowered. Shabbat, kashrut and conversion were all made easier. As for the laws of taharat ha-mishpacha (family purity), in many circles outside Orthodoxy they fell into abeyance altogether. The assumption was that the less demanding Judaism is to keep, the more Jews will stay Jewish.

To show that this is a fallacy, I once asked a mixed group of observant and non-observant Jews to list the festivals in order of difficulty. Everyone agreed that Pesach was the hardest, Shavuot the easiest, and Sukkot somewhere in between. I then asked, which festivals are kept by the greatest number of Jews. Again, everyone agreed: Pesach was kept by most, Shavuot by the least, with Sukkot in between. There was a pause as the group slowly realized what it had just said. It was counterintuitive but undeniable: the harder a festival is, the more people will keep it. The proof is Yom Kippur, by far the most demanding day of all, and by far the best attended in synagogue.”

In essence Rabbi Sacks was saying in order for us to foster the next generation of Jews who are engaged in Judaism, we should not be lowering the standards at all! All that does is dilute things and cause more apathy. Rather we should be looking for ways to teach, explain and inspire about the depth of Judaism.

On Shavuot we read the book of Ruth which tells the story of Ruth a non-Jew accepting the God of the Jews as her God and the Jewish people as her own. She says the famous words “Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God. Where you die I will die, and there I will be buried.”

(Continued on Page 2)
Looking to Shavuot (continued)

Ruth is the quintessential convert to Judaism and her inspiring words are the basis for the intricate halakhot of conversion that a person must totally accept the yoke of heaven. She is an inspiration to aspiring Jews and Jewish-born people alike. She embodies the lesson that Judaism isn’t a series of half measures and quaint customs but rather it is part of our very essence and being.

There are several reasons why we read the book of Ruth on Shavuot – both Shavuot and the book of Ruth take place in the harvest time, King David, who is the great grandson of Ruth, died on Shavuot. But I think there is a much more powerful reason and that is on Shavuot we affirm and commit ourselves to the Torah, an act which our ancestors did 3300 years ago at Mount Sinai. Ruth, as the righteous convert, totally accepts the Torah too, showing us, whether we are born to Judaism or we choose Judaism it is something that we must strive to do wholeheartedly.

Making This Time Productive

By Rubissa Sharona Hassan

We are in the period of time known as ‘The Omer’, the seven week period between Pesah and Shavuot. Each day we count one more day, reflecting on our ancient movement from slavery to receiving the Torah. This year many of us are counting a parallel journey of approximately the same timespan: the countdown to immunity! The connection between these requires exploration and action.

Obviously none of us were slaves in Egypt for the last two hundred and ten years, but the last year and a bit certainly felt like slavery in many ways. Throughout the pandemic we suffered, cried out, and asked for redemption. Hashem and science answered us! But just as the Exodus from Egypt was not instantaneous or straightforward, achieving immunity is a complicated process.

We imagine, hope, and pray about what the world will look like when everyone is immunized, regulations are lifted, and everyone can return to ‘normal’, yet we continue along with a level of uncertainty. Just like the newly freed Israelites, we have some faith in the process but will not know until we are there, moving along with wavering faith in the moment and for the future.

With struggles and successes approximately seven weeks after the Exodus, our nation gathered for the Revelation at Mt. Sinai. This experience, according to all commentaries, was awesome and overwhelming. We became a holy nation, gifted with the Torah.

The date of Shavuot, the sixth day of Sivan, is exactly forty-nine days from the Exodus. However it is not certain that this is the exact date of the Revelation. This is why our prayers on Shavuot say ‘zman Matan Torateinu’ ‘the time of the giving of our ‘Torah’ instead of specifically ‘the day’. The date that one can declare they are fully immunized is also unclear. One month between injections followed by approximately two weeks should lead to ‘zman hisunteinu’ ‘the time of our immunity’.

The parallels in time and emotions are clear but it is the events that occurred afterward which we truly need to examine regarding our thoughts and actions for today. The Omer period is meant to be a joyous time. Nevertheless, this is a time of restrictions and mourning.

How did a time of indescribable hope and yearning transform into pain and mourning? The Talmud (Yevamot 62b) explains that Rabbi Akiva had 12,000 pairs of students who died in this period of time because they did not conduct themselves with respect towards one another.

The emotional high of gifts from the Almighty was reduced to a period of mourning because of the actions of mankind! Hashem brought a pandemic two thousand years ago as a consequence of poor interpersonal relationships. Simply put, mankind ruined Divine gifts because they couldn’t be nice to others.

Rabbi Akiva’s students’ lack of respect, patience, and grace for one another means that in this time period we avoid haircuts, music, and weddings. More than the omission of activities which bring us joy, this time period, certainly this year, must be focused on our interpersonal relationships to achieve long term happiness!

The Era of Corona was a time of separation and isolation. With gratitude to Hashem we are slowly able to return to connections and community. Now we are responsible for our actions and
Making This Time Productive (continued)

interpersonal relationships. We must not repeat the actions of Rabbi Akiva’s students.

As we return to social events, synagogue, schools, and community, we must come with our best selves. Someone else’s opinions on politics, mask wearing, vaccination, sports, or any other topic can be discussed with respect, patience, and grace. We owe it to ourselves, everyone around us, and the Almighty.

We understand how to observe Pesah, Shavuot, and the Omer. We understand more about the process of becoming immune and how to work towards lifting restrictions. We must understand the importance of interpersonal relationships. All of these areas, holidays to health, require constant work, learning and reflection.

The Odyssey

By Jerry Mezistrano

The other day...I chose to throw all caution to the wind and live life dangerously. I decided to venture out of my home on an exciting adventure which included; a trip to the gym, lunch, and finally the grocery store. Okay maybe it’s not exactly an expedition to the moon but when you consider how cloistered I’ve been for the last year, this is quite an endeavor.

When I was in the first grade, I would walk to my elementary school around 8:00. School would end at 3:10 pm. I always remember that number. Why 3:10 and not 3:00? I’ll never know. After public school, I would cross the street and attend Seattle Talmud Torah, better known as, chader. Hebrew school would adjourn around 5:00 and then I would arrive home around 5:30 pm. Imagine that, at six years old I was absent from my family for over nine hours. And let me tell you - no one missed me. I guess in my youth this was not unusual. Also, another thing that made it quite daunting was daylight saving time. In the winter, I would depart for school in the rain, wind, and darkness, and walking back home at the end of the day I would face the same elements. Was I scared? No. Usually, I had someone to walk with and I assumed this was normal conduct for all six year olds. Today if a child is missing in their home for half an hour parents are ready to put out an all-points bulletin. Not my parents. Either they weren’t worried or didn’t care. I like to think they weren’t worried.

Today I am a lot older than six but leaving the house takes a lot of preparation and a checklist. Do I have my wallet, glasses, keys, phone, face mask, jacket, hat, and a weather report? Is it going to rain, is it cold out, windy? Do I need a sweater? Many, many decisions to make. I almost make it to the front door when my wife stops me and reminds me that pants are still a requirement in public. I explain I’m going to the newly remodeled gym and this accounts for my attire. I get to the gym prepared to sign-in where I’m told a signature is no longer necessary. Now you must have an app on your phone. The attendant puts the proper application on my phone and I point it toward the screen. Not only does my picture appear but there is a brief biography of my life. Apparently, I had my tonsils out when I was four years old and my favorite jam is strawberry. Obviously, this is all essential information the world must be aware before I begin my workout.

The workout. That is another thing. I can recall a year ago I would lie on a bench and lift some weights. Not anymore. Now there is some kind of equipment that a contortionist would have difficulty manipulating. You lay down put your head here, your arms and hands here and finally your legs go somewhere. After mastering the art of getting into this contraption I have no energy left to work out. I leave the gym in a disgruntled mood, but I turn my frown into a smile because I am meeting a dear friend for lunch...another disaster.

I arrive at the restaurant, place my drink order, and patiently wait for the server to bring us some menus. After a minimal amount of time, I summon the waiter and ask to see the menus. The waiter looks at me with a sneer on his lips and informs me that am I some kind of idiot because this establishment no longer has menus. What? No menus? Am I supposed to be psychic and know what the soup of the day is? “Of course not” the waiter tells me. On the corner of our table is a small decal. Now if you take your phone and put it over the decal the menu will now magically appear on your phone. No more touching dirty menus. “How innovative,” I say. “But what if I don’t have a phone?” I ask. He looks at me with disgust and replies, “If you don’t have a phone, you really (Continued on Page 4)
The Odyssey (continued)

shouldn’t be out in public. And in addition, our policy is no phone no service.” I always thought it was no shoes no service, but who am I to question this little millennial I want to throttle. Here is the final remark that makes me want to harm this guy. “If you don’t possess a phone maybe you should think of dining someplace more pedestrian like a fast-food eatery.” A fast-food eatery? I got your fast-food eatery right here, I think to myself. We leave the restaurant and head for a restaurant where we will be more comfortable. Okay, we ended up at a fast-food restaurant.

The last straw. The grocery store. We need milk. This shouldn’t be too great a challenge…you would think. One lousy half-gallon of milk. I reach the dairy case which is a mile and a half in the back of the store only to find thirty different varieties of milk. There is rice, soy, coconut, almond, cashew, hazelnut, macadamia, and hemp milk. How do you milk a soy? I just want regular homogenized milk. Even that presents a quandary. Do I want one percent, two percent, fat-free, whole, skim, organic, or oat milk that now suddenly appears? I just want a stupid half-gallon of milk. God, why are you punishing me?

After a half-hour of deliberation, I head to the self-check-out kiosk. Another mistake. Please scan your membership card, did you bring your own bag, do you have a coupon, did you put on tefillin this morning, if you didn’t why not? Okay maybe it didn’t ask about the tefillin but do I really need to play 20 questions for a half-gallon of milk? Finally, the payoff. Swipe your credit card. But what about cash? I pull out a five-dollar bill and suddenly I am surrounded by two security guys…and I’m pretty sure these guys are packing. “What’s that in your hand”, one asks. “It’s money. Aren’t you familiar with money?” I inquire. “Oh, we all know what money is, but I am not sure we accept it here,” another one says. “If you don’t have a credit card maybe you should think of shopping elsewhere?” he continues. Okay you know I am exaggerating, but this is how I am beginning to see the world. One large technical nightmare.

I return home. “How was your day?” my wife asks. “Exasperating,” I reply. “All this state-of-the-art technology is driving me crazy. I just want to go back to the 60s when life was so much simpler,” I tell her. She commiserates with me by saying, “You’d better get used to it because that is what we like to call today; ‘Progress’”.

“Write this down,” I say, “Room 303.” She looks confused. “Is that your room number of some swanky hotel you’re moving to?” she asks. “No, it’s not” I answer. “It’s my room number at the Kline,” I tell her. “Somehow, I think I’ll be so much happier there,” I confess. Instead of saying ‘don’t be ridiculous’ she responds with, “Soon enough, soon enough.” Needless to say, I was up all night worrying. Does she know something that I don’t know?

Well give me two more secure days in my sanctuary and I’ll muster up the energy for another space odyssey. Okay again, not space, but it could be the drug store or maybe I will venture out to where no man has ever gone before. There can’t be any computers there…the library.

Please send questions and comments to jerrymeizistrano@gmail.com.
Decisions
By Jack Schaloum

Making decisions can be tricky. For example, in my house, I make all the big decisions and Lisa makes all the little decisions. Of course, she also decides which decisions are big or little, but that’s beside the point. Kind of like heads I win, tails you lose. Kensave! So I’ve learned throughout my life that not all decisions made will satisfy everyone—me included. Recently, I was asked why Rabbi Hassan wears a mask while delivering his speech when he is at least 20 feet from the closest person. When Rabbi Varon leads us in prayer, he’s facing with his back to the congregation. Why does he have to wear a mask? The short answer is unfortunately very simple, it’s still a state mandate. I’ve got to be honest, I’m tired of the mask-wearing too. But we’re not about to be the “Norma Rae” of synagogues. This past Shabbat (I’m writing this on April 19th) Rabbi talked about pasensya, patience. We all are looking forward to the time when we can have a kiddush after Shabbat services so we can all echar lashon or “shoot the breeze” together. Pasensya! It will come. I hope everyone takes comfort in knowing that we continue to take the utmost precautions to ensure the safety and well-being of all. (See the weekly news update for the synagogue attendance requirements.)

Speaking of last Shabbat, it was great to see over 70 people at the service. What a surprise treat it was to see the kids come marching in to lead us in Adon Olam! They looked so happy and made all of us feel that same joy.

Finally, I have to comment on the highly successful Katherine Scharhon A’h Zoom cooking series. We just watched Sharon Babani showcase how to make delicious pastels. By the time this article is published Leah Maimon Jacobson will have demonstrated how to make shakshuka – one of my favorite breakfasts – and the first time, we will have someone Zooming all the way from Israel. Stay tuned for more! Maybe in the future, one of the perks of being president will be to taste the finished product from the chefs. I’ll bring along my fellow LaBoz teammate Jerry Mezistrano. I know I wouldn’t have to twist his arm.

As always, if you need to get in touch for any reason, feel free to email me at jacksbhprez@gmail.com. Until then my friends, make it a great day, week, and month. Hope to see you soon.

Jack Schaloum

Are you fully vaccinated?

Please let us know the date of your 2nd vaccine. You will no longer need to register each week for Shabbat services. Contact Alexis at info@sbhseattle.org or 206-723-3028 ext. 2

SBH Travel Policy as of 4/9/21:
The unvaccinated traveler(s) must quarantine for 7 days, take a Covid-19 test between days 3-5, and may return to SBH with a negative Covid-19 test on day 8. Or the unvaccinated traveler may return to SBH on day 11 (10-day quarantine), without a test.
KIDS KORNER:

Shavuot Search

BARLEY  BASKETS  BIKKURIM  CHEESE
COMMANDMENTS  DAIRY  DIBROT
FLOWERS  FRUITS  LEARNING  LOVE
LUCHOT  MILK  MOUNTAIN  OMER
RUTH  SHAVUOT  SINAI  TEN  TORAH
RECIPE OF THE MONTH

Looking for some fun, easy, and delicious recipes? Look no further! Get ready to cook yummy desserts! Special thanks to Sharon Babani for sharing these sweet and tasty recipes.

**New York Cheesecake**

**Crust**
- 2 cups graham cracker crumbs
- 1/3 cup butter, melted
- 1/3 cup sugar

Blend crumbs, butter and sugar. Press into bottom of greased 9” springform pan.

**Filling**
- 2 - 8 oz. pkg. cream cheese
- 1 cup sugar
- 5 egg yolks
- 2 cups sour cream
- 1 teaspoon lemon juice
- 1 teaspoon vanilla extract
- 5 stiffly beaten egg whites

Stir cheese and soften. Add sugar and cream well. Add unbeaten egg yolks. Stir in sour cream, vanilla and lemon juice. Fold in egg whites. Pour into crumb-lined pan and bake 1 hour at 300 degrees. Turn off oven and let cake remain in oven another hour.

Refrigerate overnight before serving.

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**Cheese Blintz Loaf**

(7x11 or 9x9)

**Batter**
- 1/4 cup butter, melted
- 1/4 cup sugar
- 2 eggs
- 3/4 cup milk
- 1+1/4 cup flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt

**Filling**
- 1 pound cottage cheese
- 1 egg
- Pinch salt
- 2 tablespoons melted butter
- 1 teaspoon sugar

Spray pan with nonstick spray. Pour half the batter in pan. Spoon filling over batter. Pour remaining batter over top of filling.

Bake at 350 degrees for 50 minutes.
Community Highlights

May & June Anniversaries

Munchos Y Buenos to all couples celebrating their anniversaries in May & June

Sonny & Gena Gorasht (5/27/61) 60
Irvin & Miriam Condiotti (5/8/66) 55
Leon & Linda Goodman (5/29/69) 52
Ralph and Esther Maimon (5/24/70) 51
Robert & Lise Adatto (5/27/79) 42
Elie & Miriam Levy (5/29/94) 27
Sandy & Lesley Piha (5/26/96) 25
Moshe & Gillah Palumbo (5/6/05) 16
Daniel & Diana Zwelling (5/25/14) 7
Arieh & Aurora Zecher (5/7/15) 6

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Dave & Diana Azose (6/21/53) 68
Jack & Barbara Cordova (6/7/53) 68
Albert & Peggy Maimon (6/21/64) 57
Jack & Sharlene Calvo (6/22/69) 52
Robert & Estelle Handlin (6/14/70) 51
Isaac & Luci Varon (6/20/76) 45
Albert & Arlene Azose (6/12/77) 44
Alan & Marie Scharhon (6/19/77) 44
Michael Benzikry & Evelyn Rubinstein-Benzikry (6/20/78) 43
Larry & Lysa Almo (6/14/81) 40
Rabbi Moshe & Rivy Kletenik (6/28/81) 40
Howard & Donna Levens (6/1/86) 35
Steve & Janet Calvo (6/19/88) 33
Alon & Linda Israeli (6/18/89) 32
David & Joy Maimon (6/21/92) 29
Chaim & Sara Weiss (6/19/94) 27
Michael & Rinah Benoliel (6/12/95) 26
Alan & Susan Condiotti (6/22/97) 24
Daniel & Ruth Gur (6/3/18) 3

SBH Youth Leaders Get Vaccinations

In our ongoing efforts to support SBH Youth in every possible way, SBH wrote letters for each of our Madrichim explaining their in-person work with children. This allowed our youth leaders to receive a vaccine when teachers became eligible. All of our youth leaders who qualified hurried to get vaccinated. Hurray for SBH Youth!

New Arrivals:

Mazal Tov to Michael & Rina Varon on the birth of their new grandaugther, Maya Rose Mizrahi-Varon.
Tributes:

Row Plaque
In Memory Of
David J. Funes
   Eva Funes
Gustav Samter
   Larry & Sharon Adatto
Ruth Samter
   Larry & Sharon Adatto
Katherine Scharhon
   Stanley & Esther Morhaime
   Morris Scharhon

Endowment Fund
In Memory Of
Florence Grinspan
   Sharon Babani

Prayer Book
In Memory Of
Minnette Almoslino
   Rachel Baruch
Morris Angel
   Albert & Alexandra Angel
Beverly De Jaen
   Israel & Rachel Gonzalez
Cleotilde Reza
   Israel & Rachel Gonzalez
Katherine Scharhon
   Israel & Rachel Gonzalez

Chai Fund
In Honor Of
Gershon & Patricia Kamoun Bergwerk-
   Happy Anniversary
   Sol L. (Mo) Azose
Asher & Sharon Nov- Birth of a
   Granddaughter
   Lilly De Jaen
Good Health To
Sharon Nov- Speedy recovery after surgery
   Lilly De Jaen
In Memory Of
Minnette Almoslino
   Lilly De Jaen
   Laura Marshall
Irving Calvo Youth Fund
Good Health To
Jack I. Eskenazi
   Mordo De Jaen
Morton Roberts
   Mordo De Jaen
In Memory Of
Minnette Almoslino
   Mordo De Jaen
Beverly De Jaen
   Mordo De Jaen
Sema Calvo
   Ralph & Esther Maimon
Barry Hasson
   Ralph & Esther Maimon
Isaac Maimon
   Ralph & Esther Maimon
Ruth Samter
   Ralph & Esther Maimon

Building Fund
In Memory Of
Sam H. Baruch
   Rachel Baruch

General Fund
In Honor Of
Birth of a Granddaughter (Maya Rose
   Mizrahi-Varon)
   Michael & Rina Varon
Steve Abolafia- Happy 70th Birthday!
   Kaye Eskenazi
   Wes & Leslie Rowland
Janet Calvo- Wishing you a very special
   birthday. Muchos y Buenos!
   Sam N. & Vicki Lynn Babani
Ruth Haleva- Happy Birthday!
   Marcia Overbeck
Isaac L. Varon & Susan Marks- Happy
   Anniversary!
   Sandra Varon
Rabbi Benjamin Hassan- In appreciation
   Judith Roberts Cohen
   Steven & Reyna Gustav

(Continued on Page 10)
Tributes (continued)

Rabbi Benjamin Hassan - Congrats on contract renewal
  Michael & Rina Varon

Good Health To
Jack Eskenazi
  Lilly De Jaen

Rick Eskenazi - Rapid recovery
  Stanley & Berthe Habib

Esther Normand
  Lilly De Jaen

David Oppenheimer
  Albert & Alexandra Angel

Morton Roberts
  Louise & Leonard Berman
  Judith Roberts Cohen
  Lilly De Jaen

In Memory Of
Minnette Almoslino
  Michelle Almoslino
  Lee Benezra
  Diana Black
  Jack & Barbara Cordova
  Victor Halela
  Steve & Rachely Hemmat
  Seattle Sephardic Brotherhood

Kadoun (Louise) Azose
  Hazzan Isaac & Elisa Azose

Isaac Baruch
  Rachel Baruch

Elisa Blumenzweig
  Sara Blumenzweig

Sally Chrem
  Isaac & Elisa Azose

Jacob Haleva
  Marcia Overbeck

Regina Jean Israel
  Larry Israel
  Marcia Overbeck

Bob Kaufman
  Stanley Handaly & Pamela Goral

Isaac Morhaime
  Sophie Morhaime
  Stanley & Esther Morhaime

Jack Oziel
  Louise & Leonard Berman

Ruth Samter
  Victor & Regina Amira

Katherine Scharhon
  Stanley & Esther Morhaime

Lee Bornstein Scharhon
  Stanley & Esther Morhaim

Blanche Shindell
  Sonny & Gena Gorasht

Refuah Shelema
Our congregation would like to wish a speedy recovery to the following members:

Adina Almo
  Betty Halfon
Rebecca Almo
  Chana Gonzalez
Steve Calvo
  Ellen Kotkin
Jack Eskenazi
  Rachel Vaillancourt
Lucia De Punis
Sam Haleva

Memorial Plaques
MEMORIAL PLAQUES ARE AVAILABLE FOR PURCHASE ($250) AND WILL BE PLACED ON THE MEMORIAL BOARD NEAR THE MIDRASH.

Please call the SBH Office at 206-723-3028 ext. 2
or email info@sbhseattle.org for more information.
Meldados

Luann Bertram  Mother  19 Yar
Morris Muscotel  ESTHER bat LUNA  Sat. May 1
(Esther Muscotel)

David Israel  Niece  20 Yar
RIVKA bat SUZANNE  Sun. May 2
(Angela Bass)
(9 mos.)

Sam & Ruth Haleva  Daughter  20 Yar
TAMARA LUNA bat  Sun. May 2
RIVKA  (7 mos.)
(Tamara Lynn Haleva)

Sharon Babani  Husband  21 Yar
David Babani  Father  Mon. May 3
Ben Babani  Brother
Sam Babani  Brother
MOSHE BETZALEL ben SARA
(Morris Babani)

Anne Hirschhorn  Husband  21 Yar
ELIEZER ben YEHUDIT  Mon. May 3
(George Hirschhorn)

Jeff Merriman- Cohen  Grandmother  21 Yar
HASHA bat  Mon. May 3
SHOSHANA
(Annette Rubens)

Sharlene Calvo  Mother  21 Yar
GOLDA SARAH bat CHANA  Mon. May 3
(Gloria Steinberg)

Janet Jassen  Mother  22 Yar
Saralyn Negrin  CHANA BLUMA bat YEHUDIT
(Tue. May 4)
(Annabell Benezra)

David Benezra  Mother  22 Yar
Riva Lea bat RAZEL  Tue. May 4
(Riva Lea Benezra)

Tamy Ben-Ezra Devine  Father  22 Yar
ABRAHAM ben ETTA  Tue. May 4
(Ady Furcer)

Rosa Mezistrano  Sister  23 Yar
KALO bat MAZALTOV  Wed. May 5
(Colleen Hoffman)

Simon Amiel  Mother  25 Yar
YEHUDIT PALOMBA bat LEEZA  Fri. May 7
(Judith Amiel)

Blanche Hanoh  Husband  25 Yar
Bella Hanoh  Father  Fri. May 7
Stella Hanoh- Coleman  SHALOM ben VIDA
(Charles Hanoh)

Diana Azose  Brother  25 Yar
Julia Jerusalem  HAYIM ASHER ben  Fri. May 7
Rosie Maimon  ESTHER  (Victor Scharhon)

Luci Varon  Mother  27 Yar
KADUN bat JOYA  Sun. May 9
(Louise Benveniste)

Betsy Babani  Husband  28 Yar
Sam Babani  Brother  Mon. May 10
Ben Babani  Brother
Sharon Babani  Brother-in-law
YAAKOV ben SARA  (Jack Babani)

Sharon Babani  Stepmother  28 Yar
Lysa Almo  BRYNDIL bat  Mon. May 10
PAULINE  (12 mos.)
(Berniece Grinspan)

Rick Eskenazi  Mother  1 Sivan
Candace Lindner  Mother  Wed. May 12
Larry Barokas  Sister
ESTHER bat KADUN  (Esther Eskenazi)

Sophie Morhaime  Mother  2 Sivan
Lillian Levy  SARAH bat RIVKA  Thur. May 13
(Sarah Baroh)

Leon B. Mezistrano  Brother  2 Sivan
Vivian M. Houle  YEDIDYA ben  Thur. May 13
MAZALTOV  (Eddie Mezistrano)

Marilyn Mezistrano  Husband  4 Sivan
Annette Hasson  Brother  Sat. May 15
Rachelle Mezistrano  Brother-in-law
DAVID ben EDA  (David Mezistrano)

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<thead>
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<th>Relationship</th>
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<td>AVRAHAM ben ESTHER</td>
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<td>(Albert Barokas)</td>
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<td>Tue. May 18</td>
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(Continued on Page 14)
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<td>TAMARA LUNA bat RIVKA</td>
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**Condolences**

We extend our sincere condolences to the following:

Michelle Almoslino and David Almoslino and their families on the passing of their beloved mother, Minnette Almoslino.

The Family of Jack Oziel on the passing of their beloved father and grandfather.
Are you in your 20's-30's? Want to learn about Sephardic Life? Interested in growing your network? Sephardic Young Professionals (SYP) is for you! SYP of Seattle is relaunching! Be on the lookout for exciting monthly events! Events include happy hours, outdoor activities, holidays, and so much more! email seattlesyp@gmail.com for more
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La Boz – Volume III No. 3
May/June 2021
Iyar/Sivan/Tamuz 5781

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## May 2021

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### Notes
- **Shavuot celeberates Metan Torah:** The day that we received the Torah at Mount Sinai. It is the second of three Torah Holidays. The others being Pesah and Sukkot.
- **Shavuot falls on Sunday night.** It is our custom to bring in Yom Tov early before sunset.
- **We treat Shavuot like any other Yom Tov or Shabbat and have meat dinners and dairy lunches.**
- **It is our custom to learn on the night of Shavuot and to have two minyanim on Shavuot morning.**
- **One that begins at 4:40am so that the Amidah is recited at sunrise and the other at 8:30am.**
- **We read the Ketubah de la Ley - A marriage contract between the Jewish people and God.**
- **We chant Megillat Rut in Hebrew and Latino and list all 813 mitzvot in poetic form.**
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<td>5 Things happened on the 17th of Tamuz. 1. Moshe broke the 1st set of Tablets. 2. The daily Tamid sacrifice was stopped. 3. The walls of Jerusalem were breached by the Romans.</td>
<td>4. A Roman leader burnt a Torah Scroll. 5. An idol was put in the Temple. It begins a 3 week period of sadness that culminates with the 9th of Av.</td>
<td>Tefillah 7:00am Minha/Arvit 8:45pm</td>
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